

# Victory over Violence . . .

## Making a Difference Together

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**DIVISION OF FAMILY RESOURCE AND YOUTH SERVICES CENTERS**  
275 East Main Street, 3C-G • Frankfort, Kentucky 40621

### **Dear Friends:**

The Division of Family Resource and Youth Services Centers (FRYSC) is pleased to join with Yale University's School of the 21<sup>st</sup> Century to welcome you to the 2011 *"Victory Over Violence: Making a Difference Together!"* Conference.

This event marks a significant milestone in the evolution of the FRYSC program in Kentucky. Twenty years ago this month, the first fledgling centers began their work in the Commonwealth. Over the years, many societal changes have occurred. However, one thing remains the same—our work focuses on children and their families. I trust that you will find all aspects of this year's conference support that central principle.



Each year we set an agenda that encompasses issues you face in your work. Reading these trends months in advance is not easy; but, I think you will be pleased with the quality of the conference this year. Our training director, Katherine Morris, has worked tirelessly with our good friends at Yale to put together a conference that offers a range of pertinent topics and information. Mysti White, our administrative assistant, and Kasey Standridge, who has helped us on a part-time basis in the past months, have given countless hours working on the necessary and endless details required in such a huge project.

I want to express my profoundest appreciation to them for their commitment to excellence. In addition, I hope that you will honor them by completing an evaluation of the conference that reflects how you feel, what you need and how we may better serve you. I also wish to thank the Victory Over Violence planning committee whose help, suggestions and assistance in this project have been invaluable.

Please let any of the Division staff know if there are things that we can do to assist you while you are here. Enjoy the conference, learn much and make an impact when you return home!

Whatever it takes!

Sincerely,

A handwritten signature in blue ink, appearing to read "m. denney".

Michael D. Denney  
Director

# Yale University

*The Edward Zigler Center in Child Development  
and Social Policy  
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*Matia Finn-Stevenson, Ph.D., Associate Director*

## Dear Friends:

It is with a great deal of pleasure that the Yale School of the 21st Century (21C) joins Kentucky's Cabinet for Health and Family Services Division of the Family Resource and Youth Services Centers (FRYSCs) in welcoming you to the 2011 "Victory Over Violence: Making A Difference Together" conference. As you may know, the FRYSC program was established as part of the 1990 Kentucky Education Reform Act and is based on 21C. Over the years, we have worked with FRYSCs, have learned from your experiences, and have shared these with other 21C schools around the country. To be here to celebrate the 20th anniversary of FRYSC is truly an honor.



This year's conference theme – Victory Over Violence – speaks to our collective challenge with all forms of aggression and violence that children, and their families, experience. It coincides with our own efforts at Yale 21C to address the problem by including a new 21C program component that features the Mutt-i-grees Curriculum. We use stories and activities featuring Mutt-i-grees, which are shelter dogs, to systematically teach children empathy and other related skills. The goal is to give children an opportunity to grow up to be calm, confident, and caring.

Ponderosa Elementary School in Boyd County, Ky was the first school to pilot the Mutt-i-grees Curriculum. Ponderosa is also one of the original FRYSC sites. They are here, along with educators from Arkansas, California, Connecticut, and other states, to present workshops showing the potential of the Mutt-i-grees Curriculum and the excitement that it is generating in their schools. Also here are representatives from our collaborators, the Animal League, here with a rescue van and dogs from local shelters, and the Millan Foundation, representing Cesar Millan, world renowned as TV's Dog Whisperer.

I want to thank all of them for joining us. I also extend special thanks to all of you, and in particular, to Mike Denney, for inviting us to co-sponsor this conference and celebrate with you a remarkable 20 years of service.

I hope that our collaboration on this conference is the beginning of other joint ventures between us.

Enjoy this unique event!

Sincerely,

A handwritten signature in black ink that reads "Matia Finn-Stevenson".

Matia Finn-Stevenson  
Director, The School of the 21st Century

# Agenda

## Tuesday, July 19, 2011

5:30 - 7 p.m.      **Registration**

**Location**  
*Suite Tower, 2<sup>nd</sup> Floor*

## Wednesday, July 20, 2011

7 a.m. - 4:15 p.m.      **Registration**

**Location**  
*Suite Tower, 2<sup>nd</sup> Floor*

1 - 2:45 p.m.      **Opening Session**

*Grand Ballroom*

- Welcome — Michael Denney, FRYSC Director  
Matia Finn-Stevenson, School of the 21<sup>st</sup> Century Director
- Opening Remarks — Deputy Secretary Eric Friedlander,  
Kentucky Cabinet for Health and Family Services
- Remarks — Commissioner Terry Holliday,  
Kentucky Department of Education
- **Keynote Address: Guy Doud — *Molders of Dreams***

2:45 - 3 p.m.      **Break**

- Snacks provided by the FRYSCy Coalition

*Exhibit Hall*

3 - 4:15 p.m.

### **Concurrent Workshops**

- Aggressive Behaviors in Early Education Classes: Predictors,  
Prevention and Policy *Willis*
- Bookmaking Strategies to Support Family and Early Literacy *Wilkinson*
- Don't Throw Away the Lemons – Build a Lemonade Stand! *Breathitt*
- Fetal Alcohol Spectrum Disorders *Stopher*
- Home Visitation Safety: The Five Critical Areas in  
Planning for Your Safety *Segell*
- Human Trafficking of Minors: Child Exploitation  
in Kentucky for Labor or Commercial Sex *Combs Chandler*
- Insights and Strategies for Self-Injuring and Other  
Self-Destructive Behaviors *Jones*
- QPR — Question, Persuade, Refer — An Approach to  
Youth Suicidal Issues *Coe*
- What Works: FRYSC/21C Exemplary Practices in Three States *Nunn*
- Why the Anti-Bully Movement is Failing *French*

5 - 7 p.m.

### **FRYSC 20-Year Celebration Event and Reception**

*Grand Ballroom*

*Cash Bar Available*

## Thursday, July 21, 2011

7 a.m. - 5 p.m.      **Registration**

**Location**  
*Suite Tower, 2<sup>nd</sup> Floor*

7:45 - 8:15 a.m.      **Coffee and Continental Breakfast**

*Grand Ballroom*

8:15 - 9:30 a.m.      **Panel Presentation — The Mutt-i-grees Initiative:  
A Road Map for Change**

*Grand Ballroom*

9:30 - 9:45 a.m.      **Break**

9:45 - 11 a.m.	<p><b>Concurrent Workshops</b></p> <ul style="list-style-type: none"> <li>• The Best Negativity and Apathy Busters <span style="float: right;"><i>Wilkinson</i></span></li> <li>• Climb Aboard the Social Emotional Learning Caravan! <span style="float: right;"><i>Combs Chandler</i></span></li> <li>• Insights and Strategies for Self-Injuring and Other Self-Destructive Behaviors <span style="float: right;"><i>Jones</i></span></li> <li>• Involving Parents, Schools and Community in Creating a Positive School Climate <span style="float: right;"><i>Coe</i></span></li> <li>• Poly-Pharming: Prescription Drug Abuse <span style="float: right;"><i>Stopher</i></span></li> <li>• A Quick, Fun Method for Teaching Kids How to Stop Being Bullied <span style="float: right;"><i>French</i></span></li> <li>• Raising Media-Wise Kids <span style="float: right;"><i>Nunn</i></span></li> <li>• Recess Rocks: Getting Kids Moving Part I <span style="float: right;"><i>Breathitt</i></span></li> <li>• Sexuality in the 21st Century <span style="float: right;"><i>Willis</i></span></li> <li>• Why Are These Kids So Angry? Part I <span style="float: right;"><i>Segell</i></span></li> </ul>
11 - 11:15 a.m.	<b>Break</b>
11:15 a.m. - 12:30 p.m.	<p><b>Concurrent Workshops</b></p> <ul style="list-style-type: none"> <li>• Controlling the Uncontrollable Child <span style="float: right;"><i>Wilkinson</i></span></li> <li>• Girl Bullying and Relational Aggression <span style="float: right;"><i>Jones</i></span></li> <li>• Media and Body Image <span style="float: right;"><i>Nunn</i></span></li> <li>• Mutt-i-grees Buddies: A Unique Approach to Program Implementation <span style="float: right;"><i>Coe</i></span></li> <li>• Recess Rocks: Getting Kids Moving Part II <span style="float: right;"><i>Breathitt</i></span></li> <li>• School-Based Health in Rural America: It's Relevant! <span style="float: right;"><i>Combs Chandler</i></span></li> <li>• Using the Golden Rule to Stop People from Driving You Crazy <span style="float: right;"><i>French</i></span></li> <li>• What Drug is My Client On? <span style="float: right;"><i>Stopher</i></span></li> <li>• Why Are These Kids So Angry? Part II <span style="float: right;"><i>Segell</i></span></li> <li>• Working with Boys: Talking About Sex and Sexuality <span style="float: right;"><i>Willis</i></span></li> </ul>
12:30 - 1:45 p.m.	<p><b>Lunch</b> <span style="float: right;"><i>Grand Ballroom</i></span></p> <p><b>Keynote Address: Jim Hinson —</b>  <b><i>Victory Over Violence: One Neighborhood at a Time</i></b></p>
1:45 - 2 p.m.	<b>Break</b>
2 - 3:15 p.m.	<p><b>Concurrent Workshops</b></p> <ul style="list-style-type: none"> <li>• Building Caring Communities that Link School, Home and Local Animal Shelters <span style="float: right;"><i>Breathitt</i></span></li> <li>• Dealing with Difficult People: Their Behavior, Your Response <span style="float: right;"><i>Combs Chandler</i></span></li> <li>• Engaging Parents in Their Child's Education through Monthly Fun Literacy and Math Activities <span style="float: right;"><i>Coe</i></span></li> <li>• Establishing a Sensible, School Moral Policy Towards Bullying and Aggression <span style="float: right;"><i>French</i></span></li> <li>• Girl Bullying and Relational Aggression <span style="float: right;"><i>Jones</i></span></li> <li>• How to Talk so Parents Can Hear You <span style="float: right;"><i>Segell</i></span></li> <li>• Maximum-Strength Motivation Makers <span style="float: right;"><i>Wilkinson</i></span></li> <li>• The Next Wave: Quasi-Legal Synthetic Drugs <span style="float: right;"><i>Stopher</i></span></li> <li>• Say Yes to No <span style="float: right;"><i>Nunn</i></span></li> <li>• Sexting: Flirty or Felony? <span style="float: right;"><i>Willis</i></span></li> </ul>
3:15 - 3:30 p.m.	<b>Break</b>

- 3:30 - 4:45 p.m. **Concurrent Workshops**
- Dealing with Difficult People: Their Behavior, Your Response *Combs Chandler*
  - Insights and Strategies for Self-Injuring and Other Self-Destructive Behaviors *Jones*
  - How to Talk so Parents Can Hear You *Segell*
  - How to Transform Kids into Students *Wilkinson*
  - A New Approach to School-Age Childcare in Connecticut *Nunn*
  - QPR—Question, Persuade, Refer—An Approach to Youth Suicidal Issues *Coe*
  - Truth and Consequences: The Choice is Yours *Stopher*
  - WATCH D.O.G.S.: A One-Of-A-Kind School-Based Parental Involvement Program *Willis*

5 - 6 p.m. **FRYSCKy Coalition Membership Meeting** *Fields*

**Friday, July 22, 2011**

**Location**

7 - 11 a.m. **Registration** *Suite Tower, 2<sup>nd</sup> Floor*

7:45 - 8:15 a.m. **Coffee and Continental Breakfast** *Exhibit Hall*

- 8:15 - 9:30 a.m. **Concurrent Workshops**
- Closing the Achievement Gap through Parenting Education *Stopher*
  - Creating Your Own Hedgehog Team *French*
  - Making Mutt-i-grees Matter: One Kentucky School’s Reflection of Implementation *Coe*
  - Relationship Clinic for Re-establishing Stability, Balance and Harmony in Ourselves and Others *Breathitt*

9:30 - 9:45 a.m. **Break**

- 9:45 - 11 a.m. **Concurrent Workshops**
- Fundamentals, Techniques and Outcomes *Coe*
  - School-Based Health Care: What Do You Need to Know? *Nunn*

8:15 - 10:15 a.m. **FRYSC Best Practices Showcase** *Exhibit Hall*

11:15 a.m. - 1:30 p.m. **Celebration Brunch** *Grand Ballroom*

- **Introducing: *The Ponderosa Elementary Mutt-i-grees Dance Group***  
For your entertainment the Ponderosa Elementary School’s K-5 *Mutt-i-grees Dance Group* is pleased to present their rendition of *Walkin’ the Dog*. The dance was created as a way to incorporate movement and school-wide unification into the Mutt-i-grees Curriculum. Come, show your support as the students get their move on and “walk the dog!”
- **Keynote Address: Patrick Henry Hughes—*What’s Holding You Back? What’s Keeping You From Reaching Your Full Potential?***

# Workshop Descriptions

Wednesday, July 20, 2011  
3 - 4:15 p.m. Concurrent Workshops

## Aggressive Behaviors in Early Education Classes: Predictors, Prevention and Policy

**Walter S. Gilliam, Director, The Zigler Center in Child Development and Social Policy;  
Associate Professor, Child Study Center, Yale University, New Haven, Conn.**

*Willis*

Learn about recent findings on aggressive behavior in early education and childcare programs, as well as the effectiveness of early childhood mental health consultation in preventing escalation of challenging behaviors and extreme disciplinary reactions. Implications for large-scale policy regarding schools and early education programs are also addressed.

## Bookmaking Strategies to Support Family and Early Literacy

**Bev Schumacher, CEO, Learning Props, Racine, Wisc.**

*Wilkinson*

This workshop offers hands-on parent engagement strategies and valuable literacy practices by focusing on building literacy skills with easily implemented ideas. These strategies enrich those who work with families in their homes, serve early education or before- after-school care programs.

## Don't Throw Away the Lemons — Build a Lemonade Stand!

**Stephen Joe Bradley, Coordinator, KIDS Company Too! Family Resource Center, McNabb Elementary School  
Paducah, Ky.**

**Tara Moore, Teacher, McNabb Elementary School, Paducah, Ky.**

*Breathitt*

Designed for educators, counselors or anyone who works with children and their families, this workshop teaches how to plan a math summer camp program geared towards increasing children's math, problem-solving and social development skills. Participants interact and develop their own ideas about building community partnerships and creating parent/children activities that focus on math.

## Fetal Alcohol Spectrum Disorders

**Caroline Gooden, KEDS Project Director, CCR&R Infant Toddler Coordinator,  
Human Development Institute, University of Kentucky, Lexington, Ky.**

*Stopher*

Beginning with a description and overview of Fetal Alcohol Spectrum Disorder (FASD), this session examines the effects of alcohol on the development of children while in the uterus and explores ways to educate communities about FASD. All information in this workshop is based on materials developed by the FASD Center in Richmond, Ky.

## Home Visitation Safety: The Five Critical Areas in Planning for Your Safety

**David P. Jude, Lieutenant, Commander-Public Affairs Branch, Kentucky State Police, Frankfort, Ky.**

*Segell*

Developed and taught across Kentucky over the last five years, this workshop focuses on the five critical areas that a worker must be aware of when preparing for and executing a home visit. Attendees learn how to plan for and recognize potential risks to their safety when visiting other locations.

## Human Trafficking of Minors: Child Exploitation in Kentucky for Labor or Commercial Sex

**Marissa Castellanos, Human Trafficking Program Manager, Case Management and  
Family Services, Catholic Charities of Louisville, Louisville, Ky.**

*Combs Chandler*

This workshop examines human trafficking of minors at the state, national and international levels and defines this loathsome activity using associated terminology and relevant statutes. Attendees learn to identify specific human trafficking indicators and how to report trafficking cases to the appropriate authorities.

## Insights and Strategies for Self-Injuring and Other Self-Destructive Behaviors

**Kaye Randall, President, Turning Point Counseling, West Columbia, S.C.**

*Jones*

Acquire fresh insights, best practice strategies and other tools to better understand and help young people who self-injure from the author of "See My Pain: Creative Strategies and Activities in Helping Children and Adolescents Who Self-Injure." Young people who deliberately harm their own bodies are often misunderstood. The underlying contributing factors that lead to self-mutilation are sometimes very complex and easily overlooked. Without effective intervention, self-mutilation among children and adolescents is likely to continue and may escalate in frequency, duration and/or intensity. The addictive nature of the self-mutilation cycle may lead these young people to compulsions that can have shattering consequences in their lives.

## QPR—Question, Persuade, Refer—An Approach to Youth Suicidal Issues

**Naela Imanyara, Regional Program Manager, Division of FRYSC, Kentucky Cabinet for Health and Family Services, Frankfort, Ky.**

*Coe*

Every year, countless numbers of Kentucky youth have suicidal thoughts, formulate plans and make a genuine suicidal attempt. Learn what to look for, how to ask about suicidal thoughts and how to assist someone with getting help.

**Limited to 25 participants per session.**

## What Works: FRYSC/21C Exemplary Practices in Three States

**Moderator:** Norma Meek, Senior Associate, The Zigler Center in Child Development and Social Policy, Yale University, New Haven, Conn.; Curriculum Events Coordinator, Director of Parent Involvement, Boyd County Public Schools, Boyd County, Ky.

**Panelists:** Cathy Battista, President, Family Resource Center Alliance; Director, Meriden Family Resource Center, Meriden, Conn.

Ruth Ellen Chaney, Coordinator, Boyd County Family Resource Center, Summit Elementary, Ashland, Ky.

Deborah Swink, Special Education Supervisor, Clinton School District, Clinton, Ark.

*Nunn*

Join this panel of experts to discover strategies that work at the local level in different states. Each of the panelists represents a unique approach to FRC/21C. Whether your interest is early childhood development, school-age programs or outreach to parents and the community, you will find new ideas and effective strategies to use back home. Moderated by Norma Meek, whose experience spans programs across three states and beyond, the panelists include representatives from Arkansas, Connecticut and Kentucky.

## Why the Anti-Bully Movement is Failing

**Israel C. Kalman, Nationally Certified School Psychologist; Director, Bullies to Buddies, Inc., Staten Island, N.Y.**

*French*

The modern world has been waging war against bullies for over a decade, yet bullying is continuing and even escalating. Learn why the movement to eliminate bullying is backfiring and causing more harm than good.

**Thursday, July 21, 2011**

**8:15 - 9:30 a.m. Panel Presentation**

## The Mutt-i-grees Initiative: A Road Map for Change\*

**Moderator:** Matia Finn-Stevenson, Associate Director, Yale University, The Zigler Center in Child Development and Social Policy; Director, The School of the 21st Century, New Haven, Conn.

**Panelists:** Barbara Aragon, Teacher, Fenton Avenue Charter School, Lake View Terrace, Calif.

Misty Ginicola, Senior Associate/Special Projects and Evaluation Studies, Yale University, The Zigler Center in Child Development and Social Policy, New Haven, Conn. and Associate Professor, Counseling & School Psychology, Southern Connecticut State University, New Haven, Conn.

Kay Hammerson, Mutt-i-grees Program Manager, North Shore Animal League America, Port Washington, N.Y.

Norma Meek, Senior Associate, The Zigler Center in Child Development and Social Policy, Yale University, New Haven, Conn.; Curriculum Events Coordinator, Director of Parent Involvement, Boyd County, Ky.

Allegra Pickett, Manager of Publications, Cesar Millan, Inc., Burbank, Calif.

Deborah Swink, Special Education Supervisor, Clinton School District, Clinton, Ark.

Joanne Yohannan, Senior Vice President for Operations, North Shore Animal League America, Port Washington, N.Y.

*Grand Ballroom*

The Mutt-i-grees Curriculum is part of a national initiative to educate adults and children and encourage them to become more socially and emotionally aware and compassionate – the first step in efforts to address bullying. Join the panel to find out how Yale University, the Pet Savers Foundation, and Dog Whisperer Cesar Millan joined forces to develop the Curriculum, the context within which it is being implemented in classrooms across the country and its link to academic success.

**9:45 - 11 a.m. Concurrent Workshops**

## The Best Negativity and Apathy Busters

**Ruth Herman Wells, M.S., Director, Youth Change, Woodburn, Ore.**

*Wilkinson*

Participants learn unexpected, compelling interventions that are designed to work when conventional approaches fail. Lively, varied methods—created to overcome the defiance, disinterest and resistance that many youngsters exhibit—are demonstrated, using specific, ready-to-use strategies to address common attitude problems.

## Climb Aboard the Social Emotional Learning Caravan! \*

**Vicki Shelby, Director of Early Childhood, Paragould School District, Paragould, Ark.**

**Deborah Swink, Special Education Supervisor, Clinton School District, Clinton, Ark.**

*Combs Chandler*

The Mutt-i-grees Curriculum began with lessons for Pre-K-Grade 3 and expanded to Grades 4-6. At each stage, students' and teachers' interest in the program has far exceeded original expectations. This session goes step-by-step through the use of the Curriculum with preschoolers and older students. Learn how to bring the excitement of the Mutt-i-grees Curriculum to your school and community.

## Insights and Strategies for Self-Injuring and Other Self-Destructive Behaviors

**Kaye Randall, President, Turning Point Counseling, West Columbia, S.C.**

*Jones*

Acquire fresh insights, best practice strategies and other tools to better understand and help young people who self-injure from the author of "See My Pain: Creative Strategies and Activities in Helping Children and Adolescents Who Self-Injure." Young people who deliberately harm their own bodies are often misunderstood. The underlying contributing factors that lead to self-mutilation are sometimes very complex and easily overlooked. Without effective intervention, self-mutilation among children and adolescents is likely to continue and may escalate in frequency, duration and/or intensity. The addictive nature of the self-mutilation cycle may lead these young people to compulsions that can have shattering consequences in their lives.

## Involving Parents, Schools, and Community in Creating a Positive School Climate

**Pat Davenport, Chief Executive Officer, Families and Schools Together Inc., Madison, Wisc.**

*Coe*

This workshop demonstrates that a model program can create a positive and supportive school climate by bringing parents, schools and community agencies together. Participants learn how to enhance efforts to improve the school environment and promote a sense of community.

## Poly-Pharming: Prescription Drug Abuse

**Bruce Talbot, Sergeant, Illinois Police (Ret.); President, Bruce R. Talbot Associates, Bolingbrook, Ill.**

*Stopher*

The abuse of multiple prescription drugs has the nation's attention. This workshop discusses the current trends in prescription drug abuse including the new anti-abuse coating on OxyContin and the newest drugs of abuse (Opana and Roxi) and their potential impact on society. The demographic of the prescription drug abuser is profiled, accompanied by video clips of actual abusers.

## A Quick, Fun Method for Teaching Kids How to Stop Being Bullied

**Israel C. Kalman, Nationally Certified School Psychologist; Director, Bullies to Buddies, Inc., Staten Island, N.Y.**

*French*

Bullying experts insist that the solution to bullying requires the entire society to be involved: student bystanders, school staff, parents, government and celebrities all need to stand up for victims against bullies. This approach is extremely intensive and is not working. Discover a simple way to teach kids to stop being bullied without anyone's help and without getting anyone in trouble.

## Raising Media-Wise Kids

**Erin Walsh, Partner, Mind Positive Parenting™, Minneapolis, Minn.**

*Nunn*

American children now spend 53+ hours per week in front of an electronic screen – a time commitment second only to sleeping. This workshop combines the latest discoveries in brain science with current research to explore the power and impact of video games, the Internet and television in shaping norms and attitudes. Learn about media's impact on academic performance, health and wellness, and behaviors and how it can nourish a culture of disrespect. Explore ways to use the positive media opportunities for children while minimizing the danger and risk and share concrete strategies for communicating and connecting with kids in the media age.

## Recess Rocks: Getting Kids Moving Part I

**Kim Renee Thibodeau, Program Director, Recess Rocks, Community Health Center, Inc., Middletown, Conn.**

*Breathitt*

Approximately one-third of young children today are obese. Without intervention, education and demonstration of healthier alternatives, obese children may never reach a healthy weight and fitness level in their lifetime. This workshop showcases Recess Rocks™ — a fun, comprehensive movement program that fights childhood obesity and enhances learning. In Part I you will learn about program objectives, movements, methodology and philosophy plus experience a recess class. **Session limited to 50 participants.**

## Sexuality in the 21<sup>st</sup> Century

**Dan Rice, Health Educator, Hi Tops, Princeton, N.J.**

*Willis*

Teen pregnancy; sexually transmitted infections; and gay, lesbian, bisexual and transgender youth...Facebook, Twitter and FormSpring...see any connections? Some say there are strong connections. Others disagree. Decide for yourself! This session looks at how technology is affecting adolescent sexuality today.

## Why Are These Kids So Angry? Part I

**Malcolm Smith, Family Policy Specialist, University of New Hampshire, Durham, N.H.**

*Segell*

Benefit from 32 years of frontline experience helping adults understand and care for angry young people offered by this nationally known presenter, researcher and author. Practical strategies and incredible research revelations from personal interviews with nearly 400 violent young people make this workshop one you will not forget and will use in your own life on a daily basis. Part I explores the root causes of anger in children and looks at how our behavior can make that anger better or worse.

## 11:15 a.m. - 12:30 p.m. Concurrent Workshops

### Controlling the Uncontrollable Child

**Ruth Herman Wells, Director, Youth Change, Woodburn, Ore.**

*Wilkinson*

This workshop offers solutions—honed with youngsters just like yours—that can finally restore order to your group or classroom, even after long-term behavior problems and disruptions. Leave this workshop with the best tools that exist to control uncontrollable children and adolescents. Walk away well-equipped to reduce the disruptions, defiance, disrespect, verbal abuse, conflict, aggressiveness and acting-out behaviors so resistant to improvement—until now.

### Girl Bullying and Relational Aggression

**Kaye Randall, President, Turning Point Counseling, West Columbia, S.C.**

*Jones*

Gain valuable insight into girl bullying from the author of “*Mean Girls- 101 ½ Creative Strategies and Activities in Working with Relational Aggression.*” Relational aggression is emotional violence in which girls use relationships to harm each other through cyber bullying, exclusion and confrontation. Learn about the methods and motivations for these acts and leave with creative and insightful strategies to reduce relational aggression and to help child/adolescent victims. Discuss school-wide, classroom, group and individual strategies that empower boys and girls and obtain reproducible worksheets that aid in understanding this population and help foster greater cohesiveness and empowerment among all students.

### Media and Body Image

**Erin Walsh, Partner, Mind Positive Parenting™, Minneapolis, Minn.**

*Nunn*

From an early age, children battle hyper-sexualization, self-doubt and body image obsession. Learn the causes and consequences, for males and females, and how families can protect their kids from corrosive messages and images.

### Mutt-i-grees Buddies: A Unique Approach to Program Implementation\*

**Barbara Aragon, Teacher, Fenton Avenue Charter School, Lake View Terrace, Calif.**

**Toni Frear, Community Services Coordinator, Fenton Avenue Charter School, Lake View Terrace, Calif.**

**Michelle Rappino, Administrator, Fenton Avenue Charter School, Lake View Terrace, Calif.**

*Coe*

Fenton, a charter school near Los Angeles with a student body of 1,400 K-5 students, was among the first to implement the Mutt-i-grees Curriculum. Their unique approach was two-pronged. First, older students, as Mutt-i-grees Buddies, learned the lessons and then taught them to the younger students. Second, they visited the North Shore Animal League America for training and returned with a dog, Jeter, which eventually became a fully-certified therapy dog, to join the Mutt-i-grees team. Get an update on how Jeter is doing in the classroom and find out how the Buddies system can be used with Mutt-i-grees and other programs.

### Recess Rocks: Getting Kids Moving Part II

**Kim Renee Thibodeau, Program Director, Recess Rocks, Community Health Center, Inc., Middletown, Conn.**

*Breathitt*

Approximately one-third of young children today are obese. Without intervention, education and demonstration of healthier alternatives, obese children may never reach a healthy weight and fitness level in their lifetime. This workshop showcases Recess Rocks™ --a fun, comprehensive movement program that fights childhood obesity and enhances learning. In Part II learn how steps, music and choreography make a successful class, create a mini class and leave with tools to sustain Recess Rocks in your community. **Session limited to 50 participants.**

### School-Based Mental Health in Rural America: It's Relevant!

**Deborah Swink, Special Education Supervisor, Clinton School District, Clinton, Ark.** *Combs Chandler*  
Rural communities have far fewer resources to assist students and families in need of mental health supports. Find out about the scope and reach of school-based mental health services provided to students attending schools in rural Arkansas communities. Learn about various types of program delivery, blended funding and resources, and types of intervention and prevention models used by mental health practitioners in Van Buren County, Arkansas.

### Using the Golden Rule to Stop People from Driving You Crazy

**Israel C. Kalman, Nationally Certified School Psychologist; Director, Bullies to Buddies, Inc., Staten Island, N.Y.** *French*  
Bullying happens throughout life. How can you get your spouse, children, parents, bosses and colleagues to stop bullying you? This workshop teaches how to turn virtually anyone from an enemy into a friend by using the ancient wisdom of the Golden Rule.

### What Drug Is My Client On?

**Bruce Talbot, Sergeant, Illinois Police (Ret.); President, Bruce R. Talbot Associates, Bolingbrook, Ill.** *Stopher*  
With so many current drugs of abuse not detectable in standard urine drug screens, having a standardized method of recognizing and documenting drug impairment is critical. This seminar provides participants with the skills needed to establish reasonable suspicion of youth under the influence of drugs, featuring video clips of actual drug users under the influence.

### Why Are These Kids So Angry? Part II

**Malcolm Smith, Family Policy Specialist, University of New Hampshire, Durham, N.H.** *Segell*  
Benefit from 32 years of frontline experience helping adults understand and care for angry young people offered by this nationally known presenter, researcher and author. Practical strategies and incredible research revelations from personal interviews with nearly 400 violent young people make this workshop one you will not forget and will use in your own life on a daily basis. This powerful training offers life-changing strategies that help young people better manage their anger while we manage our own.

### Working with Boys: Talking about Sex and Sexuality

**Dan Rice, Health Educator, Hi Tops, Princeton, N.J.** *Willis*  
Many have probably heard the expression or even read the book, "Men are from Mars and Women are from Venus." While this may not literally be true, the way boys develop and learn in structured settings can seem worlds apart from their female counterparts. Look at some of these differences and explore their impact on how we engage boys in conversations about sex and sexuality.

## 2 - 3:15 p.m. Concurrent Workshops

### Building Caring Communities that Link School, Home and Local Animal Shelters\*

**Moderator: Joanne Yohannan, Senior Vice President for Operations, North Shore Animal League America, Port Washington, N.Y.**

**Panelists: Kay Hammerson, Mutt-i-grees Program Manager, North Shore Animal League America, Port Washington, N.Y.**  
**Byron Logan, Director, Corporate and National Shelter Outreach, North Shore Animal League America, Port Washington, N.Y.**  
**Lauraine Merlini, Senior Volunteer Manager, North Shore Animal League America, Port Washington, N.Y.** *Breathitt*

The Mutt-i-grees Curriculum introduces schools to new partnership possibilities in the community, providing options for collaborations with local animal shelters and opportunities for children to engage in service learning. Join the staff of the North Shore Animal League America to learn how schools, YMCAs and shelters collaborate and how a Connecticut school combined forces with the North Shore Animal League America to provide a week-long internship for a group of fifth grade students.

### Dealing with Difficult People: Their Behavior, Your Response

**Ted A. Marshall, Professor Emeritus and Past Chair, Department of Sociology, Social Work and Criminology, Morehead State University, Morehead, Ky.** *Combs Chandler*  
This upbeat and energizing workshop offers insight into dealing with those whom we find difficult and frustrating. Gain skills to understand and prevent volatile escalations. Explore why we react the way we do, sometimes in a counter-productive manner. Learn strategies for changing negative, hurtful emotions into feelings and behaviors that are more positive and enhancing.

## Engaging Parents in their Child's Education through Monthly Fun Literacy and Math Activities

**Jan Edwards, Teacher, Holcomb Elementary School, Fayetteville, Ark.**

**Tracy Mulvenon, Principal, Holcomb Elementary School, Fayetteville, Ark.**

**Brooke Parker, Teacher, Holcomb Elementary School, Fayetteville, Ark.**

*Coe*

This "Family Fun Nights How-to Guide" workshop teaches about planning and implementing successful and engaging literacy and math night events for children and parents. Obtain detailed information about parent training and about ideas for games and activities that keep them coming back month after month.

## Establishing a Sensible, School Moral Policy Towards Bullying and Aggression

**Israel C. Kalman, Nationally Certified School Psychologist and Director, Bullies to Buddies, Inc., Staten Island, N.Y.**

*French*

Schools are adopting increasingly strict policies for student bullying and aggression. These policies are meant to get children to behave morally. Unfortunately, much of what schools do about bullying and aggression is not moral. Therefore, the policies are ineffective and lead to immoral behavior among students. This workshop presents a set of moral disciplinary principles that create a utopian environment in schools.

## Girl Bullying and Relational Aggression

**Kaye Randall, President, Turning Point Counseling, West Columbia, N.C.**

*Jones*

Gain valuable insight into girl bullying from the author of "*Mean Girls - 101 ½ Creative Strategies and Activities in Working with Relational Aggression.*" Relational aggression is emotional violence in which girls use relationships to harm each other through cyber-bullying, exclusion and confrontation. Learn about the methods and motivations for these acts and leave with creative and insightful strategies to reduce relational aggression and to help child/adolescent victims. Discuss school-wide, classroom, group and individual strategies that empower boys and girls and obtain reproducible worksheets that aid in understanding this population and help foster greater cohesiveness and empowerment among all students.

## How to Talk so Parents Can Hear You

**Malcolm Smith, Family Policy Specialist, University of New Hampshire, Durham, N.H.**

*Segell*

Benefit from 32 years of frontline experience helping adults understand and care for angry young people, offered by this nationally known presenter, researcher and author. This workshop changes the way professionals approach parents when discussing sensitive issues about their children's behavior and presents clear, effective strategies that help you partner with difficult parents to make significant changes in their children's lives. Participants learn the language to use, the approaches to take and the messaging to give that help parents hear what you have to say.

## Maximum-Strength Motivation-Makers

**Ruth Herman Wells, Director, Youth Change, Woodburn, Ore.**

*Wilkinson*

Leave this seminar armed with attention-grabbing, irresistible interventions designed to transform even the most resolutely unmotivated, absent, bored, and apathetic students. So much of what happens at school tracks back to motivation— or the lack thereof. Improve motivation and all other school dynamics follow suit.

## The Next Wave: Quasi-Legal Synthetic Drugs

**Bruce Talbot, Sergeant, Illinois Police (Ret.); President, Bruce R. Talbot Associates, Bolingbrook, Ill.**

*Stopher*

When K2 and Spice first appeared in 2008, states across the nation began legally banning these new synthetic drugs. When the legal bans went into effect, drug manufacturers flooded the market with the next wave of quasi-legal synthetic drugs such as Purple Magic, Funky Monkey, Black Mumba (containing the quasi-legal JWH-122 and JWH-389) and Ivory Wave, Vanilla Sky, and Purple Iris (containing the quasi-legal MDPV). This seminar updates participants on the next generation of these so called *legal drugs*.

## Say Yes to No

**Erin Walsh, Partner, Mind Positive Parenting™, Minneapolis, Minn.**

*Nunn*

There is an epidemic of Discipline Deficit Disorder sweeping the country. The symptoms include disrespect, impatience, a need for instant gratification, a sense of entitlement, self-centeredness and out-of-control consumerism. This workshop, based on Dr. David Walsh's new book, "*NO: Why Kids-of All Ages-Need to Hear It and Ways Parents Can Say It,*" explains how the *Yes culture* undermines our children's self discipline, a trait that is key for children's success and happiness.

## Sexting: Flirty or Felony?

**Dan Rice, Health Educator, Hi Tops, Princeton, N.J.**

*Willis*

Teens sending nude or partially nude photos, also known as *sexting*, is one of many topics that garners acute media attention and captures unwanted attention in communities all over the country. This workshop explores issues that surround *sexting* and provides creative ways of talking to young people about the associated dangers.

## 3:30 - 4:45 p.m. Concurrent Workshops

### Dealing with Difficult People: Their Behavior, Your Response

**Ted A. Marshall, Professor Emeritus and Past Chair, Department of Sociology, Social Work, and Criminology, Morehead State University, Morehead, Ky.**

*Combs Chandler*

This upbeat and energizing workshop offers insight into dealing with those whom we find difficult and frustrating. Skills to understand and prevent volatile escalations are presented. Explore why we react the way we do, sometimes in a counter-productive manner. Learn strategies for changing negative, hurtful emotions into feelings and behaviors that are more positive and enhancing.

### How to Talk So Parents Can Hear You

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### How to Transform Kids into Students

**Ruth Herman Wells, Director, Youth Change, Woodburn, Ore.**

*Wilkinson*

This workshop showcases a Pre-K to Grade 12 school skills training curriculum that focuses on how and when to teach school skills. Learn how to transform unskilled, unmotivated children and adolescents into prepared, motivated students who have the necessary and crucial school skills to achieve academic success.

### Insights and Strategies for Self-Injuring and Other Self-Destructive Behaviors

**Kaye Randall, President, Turning Point Counseling, West Columbia, N.C.**

*Jones*

Acquire fresh insights, best practice strategies and other tools to better understand and help young people who self-injure from the author of "*See My Pain: Creative Strategies and Activities in Helping Children and Adolescents Who Self-Injure.*" Young people who deliberately harm their own bodies are often misunderstood. The underlying contributing factors that lead to self-mutilation are sometimes very complex and easily overlooked. Without effective intervention, self-mutilation among children and adolescents is likely to continue and may escalate in frequency, duration and/or intensity. The addictive nature of the self-mutilation cycle may lead these young people to compulsions that can have shattering consequences in their lives.

### A New Approach to School-Age Childcare in Connecticut

**Cathy Battista, President, Family Resource Center Alliance; Director, Meriden Family Resource Center, Meriden, Conn.**

**Mary Jane Pych, Program Administrator, East Windsor Family Resource Center, East Windsor, Conn.**

*Nunn*

School-age childcare is a core component of the Connecticut Family Resource Centers. This hands-on, interactive workshop summarizes activities used by school-age programs across the state, with emphasis on the use of Mutt-i-grees for after-school programs.

### QPR—Question, Persuade, Refer—An Approach to Youth Suicidal Issues

**Naela Imanyara, Regional Program Manager, Division of FRYSC, Kentucky Cabinet for Health and Family Services, Frankfort, Ky.**

*Coe*

Every year, countless numbers of Kentucky youth have suicidal thoughts, formulate plans and make a genuine suicidal attempt. Learn what to look for, how to ask about suicidal thoughts and how to assist someone with getting help. **Limited to 25 participants per session.**

## Truth and Consequences: The Choice is Yours

**Christy Nuetzman, Extension Agent, Family and Consumer Sciences, Clinton County Cooperative Extension, Albany, Ky.**

*Stopher*

Both youth and adults need an opportunity to learn more about the physical, emotional, financial and legal consequences of getting involved with prescription and illicit drugs. This session offers a drug use reality event and enrichment activity, "Truth and Consequences: The Choice is Yours," that clearly illustrates the impact of getting involved with illicit and legal substances. Based on the 4-H Reality Store format, this activity allows students to role-play various scenarios.

## WATCH D.O.G.S.: A One-Of-A-Kind School-Based Paternal Involvement Program

**Eric Snow, National Director, WATCH D.O.G.S., Springdale, Ark.**

*Willis*

WATCH D.O.G.S. (*Dads of Great Students*) is an innovative program focusing on education and safety in schools by using the positive influence of fathers and father-figures for a two-fold purpose: 1) to provide an unobtrusive fathering presence, and 2) to present a positive and active role model for students at school.

**Friday, July 22, 2011**

**8:15 - 9:30 a.m. Concurrent Workshops**

## Closing the Achievement Gap through Parenting Education

**Robert Margolies, School and Clinical Psychologist, New Haven Public Schools, New Haven, Conn.;**  
**Director, The Motivation Center, Shelton, Conn.**

**Janet Pozmancier, Program Consultant, ChildBuilders, Houston, Tex.**

*Stopher*

The *Achievement Gap* is a current concern of educational reform in many states and for the country as a whole. Learn about research-based causes and proposed solutions and discuss data-based strategies to teach parenting preparedness to adults and teens and to increase achievement for current and future generations.

## Creating Your Own Hedgehog Team

**Roger Ried, High School Principal, Southside School District, Batesville, Ark.**

*French*

The Hedgehog Team, conceptualized from the books "*Good to Great*" by Jim Collins and "*Under-Resourced Learners*" by Ruby Payne, identifies students in need of an intervention in a quick, direct and timely fashion and shows great success and promise for the first year. Discover how to identify at-risk students and develop a plan to meet their needs using the Hedgehog approach.

## Making Mutt-i-grees Matter: One Kentucky School's Reflection of Implementation\*

**Keri Crowe, Teacher, Ponderosa Elementary, Catlettsburg, Ky.**

**Norma Meek, Senior Associate, The Zigler Center in Child Development and Social Policy, Yale University, New Haven, Conn.;**  
**Curriculum Events Coordinator, Director of Parent Involvement, Boyd County Public Schools, Boyd County, Ky.**

**Stephanie Mullins, Teacher, Ponderosa Elementary, Catlettsburg, Ky.**

*Coe*

Ponderosa Elementary in Boyd County was one of only three schools in the United States to first pilot the Mutt-i-grees Curriculum. This workshop provides an overview of the Curriculum and ideas for successful implementation. Learn the Mutt-i-gree dance, "*Walkin' the Dog*," praised by famed dog whisperer and Mutt-i-grees financial sponsor, Cesar Millan, and leave with make-and-take items. There are also prize giveaways; so, bark up the right tree and come to this session to learn some new tricks!

## Relationship Clinic for Re-establishing Stability, Balance, and Harmony in Ourselves and Others

**Darnell Perry, Asset Protection Specialist, Target; Pastor, Proximity Life Ministries, Little Rock, Ark.**

**Ola Perry, Behavior Specialist, Tri-District Early Childhood Education, Little Rock, Ark.**

*Breathitt*

This workshop provides the opportunity for families, communities and educators to examine and establish motivational tools for stability, balance and harmony. Participants' perceptions are reflected through discussions and hands on activities. Frame of mind is a personal picture of success. Learn to build a mental billboard of shared achievements.

## 9:45 - 11 a.m. Concurrent Workshops

### Fundamentals, Techniques and Outcomes\*

**Matia Finn-Stevenson, Associate Director, Yale University, The Zigler Center in Child Development and Social Policy; Director, The School of the 21st Century, New Haven, Conn.**

**Misty Ginicola, Senior Associate/Special Projects and Evaluation Studies, Yale University, The Zigler Center in Child Development and Social Policy, New Haven, Conn.; Associate Professor, Counseling & School Psychology, Southern Connecticut State University, New Haven, Conn.** *Coe*

What is it about the Mutt-i-grees Curriculum that makes it so effective? Is it applicable to different populations? Is there an assessment approach? If you attended one of the Mutt-i-grees workshops and want answers to these and other questions, join this informal panel discussion. In addition to a discussion on the research and outcomes, find out how to customize the Curriculum for particular schools and community circumstances.

### School-Based Health Care: What Do You Need to Know?

**Anne Sneed, Special Projects Coordinator, Lavaca Public Schools, Lavaca, Ark.** *Nunn*

The Lavaca School-based Wellness Center in Lavaca, Ark. serves students, staff and community patrons. Learn how collaborative efforts can provide effective, sustainable physical and mental health care, dental, optometric and audiology services in rural school districts.

## Best Practices Showcase 8:15 - 10:15 a.m.

### Exhibit Hall

## After School Childcare

### After-School Enrichment Programs

**Pam Allard, Coordinator**

**North Hancock Family Resource Center — Lewisport, Ky.**

*pam.allard@hancock.ky.schools.us*

The North Hancock Family Resource Center provides several summer and after-school activities including Camp Vastwood for 9-12 year old students and the Runnin' Mustangs, an after-school running program for third and fourth grade students.

### Camp Invent – A FRYSC/21<sup>st</sup> Century/Community Collaboration

**Carolyn Bishop, Coordinator**

**WEVE Family Resource Center — West Liberty, Ky.**

*carolyn.bishop@morgan.ky.schools.us*

The research based curriculum “Camp Invent” is a two-week program. The first week is entirely hands-on classes and wraps up with a parent day showcasing the children’s work. Sessions consist of taking apart old appliances and inventing something new, building a city or constructing a maze from recyclable materials, predicting/measuring how far a ball bounces, etc. The second week consists of swimming at the local pool, fishing at the local veterinarian’s pond, attending drug prevention classes and participating in nutrition Olympics or other classes and ends with a field trip.

### Girls Restoring America’s Communities through Education

**Janet Nichols, Coordinator**

**James Larmouth Family Resource Center — Earlington, Ky.**

*janet.nichols@hopkins.ky.schools.us*

This program focuses on issues that young girls deal with on a daily basis and overcoming the barriers these students face.

## Leading Ladies Club: Mentoring Girl Power

**Pat M. Fuqua, Coordinator**

**Cloverport Family Resource and Youth Services Center — Cloverport, Ky.**

*pat.fuqua@cloverport.ky.schools.us*

The Leading Ladies Club joins high school girls together that normally would not participate in extracurricular activities due to financial hardship, lack of transportation or shyness. Eight young women, grades 9-12, participate annually. They quickly form a close knit group, sit together at lunch and school programs, hang out together during breaks and form lasting friendships.

## Career Exploration and Development

### Hopkinsville High School TSC Mentoring Program

**Lisa Roberts, Coordinator**

**Hopkinsville High School Youth Services Center — Hopkinsville, Ky.**

*lisa.roberts@christian.ky.schools.us*

Hopkinsville High School holds mentor/mentee luncheons, during which the student and mentor discuss both school and personal issues. Signed releases are acquired so that general information regarding grades, attendance, discipline and positive events and actions by the student can be shared. Mentors encourage students to graduate and look toward life opportunities after high school.

### Organization Assistance

**Linda Bates, Coordinator**

**Campbell County Youth Services Center — Alexandria, Ky.**

*linda.bates@campbell.ky.schools.us*

The Organization Assistance Program at Campbell County Middle School meets weekly for 1.5 hours after school for students who struggle with organization. Participants clean out lockers, organize subjects, prioritize assignments, check grades, talk about time management and schedule extra help where needed. Weekly communication occurs with teachers, counselors and parents.

### S.C.R.U.B.S. Camp (Students seeking Career awareness, Rewarding futures, Uncommon success, Bountiful opportunities and Superior adventures)

**Jackie O'Neil, Coordinator**

**Breathitt County Family Resource Center — Lost Creek Ky.**

*jackie.oneill@breathitt.ky.schools.us*

The S.C.R.U.B.S Camp is designed for students in grades six through nine. It introduces students to various careers in health care. The group goes on field trips, hears from guest speakers in the medical community and participates in hands-on activities in nutrition, fitness, wellness and transition.

## Educational Support

### Big Brother/Big Sister Buddy Program

**Janeann Turner and Julie Stone, Coordinators**

**The Den Youth Services Center and Murray Family Resource and Youth Services Center — Murray, Ky.**

*janeann.turner@murray.ky.schools.us*

The Buddy Program provides positive role models for students, promotes academic success through time spent working on schoolwork and provides encouragement and a “special friend” for students. The program allows high school students to take leadership roles, gain personal success in understanding the importance of a mentor, experience a feeling of ownership to their community by volunteering as well as providing friendship, guidance and support to their “little buddy.”

### Bringing Arts to the Mountains

**Marsha Garrison, Coordinator**

**Clay County Middle School (CCMS) Youth Services Center and Kentucky Arts Council — Manchester, Ky.**

*marsha.garrison@clay.ky.schools.us*

The CCMS Folklife Festival and other arts programs expose students to various art forms including music, basket weaving, dance and creative writing. Visiting artists work with students to produce great works of art. Finished products are showcased during the annual Folklife Festival. These programs are made possible through grant funds provided by the Kentucky Arts Council and matching YSC funding.

## CAMP ABE-Summer Camp

**Sandra Ballew-Barnes, Coordinator**

**Breckinridge Family Resource Center — Lexington, Ky.**

*sandra.ballew-barnes@fayette.ky.schools.us*

This summer program is an effort between Athens, Chilesburg, Breckinridge and Edythe J. Hayes FRYSCs. Students from Athens and Breckinridge Elementary participate, attending a one-week enrichment camp. Participants are exposed to activities centered around, but not limited to, math, science, nutrition, physical activity and reading. Students have the opportunity to be on a middle school campus and become comfortable with their new educational setting.

## Christmas in Our Hometown

**Marie Coleman, Coordinator**

**Arlie Boggs Family Resource & Youth Services Center — Eolia, Ky.**

*marie.coleman@letcher.ky.schools.us*

This activity is a collaboration of Letcher County FRYSCs and Jenkins Independent FRYSCs with the Letcher County Kids Day Committee. Each year, four Kids' Days events are held in different areas of Letcher and Jenkins, all of which are open to the county. Activities, offered at no cost, consist of food, pony rides, train rides, magic shows, face painting and other activities for children and their parents.

## Connecticut Family Resource Centers

**Catherine Battista, President, Connecticut Family Resource Center Alliance, Meriden, Conn.**

**Mary Jane Pych, Director, East Windsor Family Resource Center — East Windsor, Conn.**

*cathy.battista@meriden.k12.ct.us*

Come learn about some of Connecticut's best FRC programs, including Raising Readers Parent Club, Mutt-i-grees, Parents as Teachers Curriculum and a school business partnership.

## A Collaborative Approach to the Mutt-i-grees Curriculum: Implementation with a School-Based Mental Health Team

**Natalie Horton, Counselor**

**Van Buren County School-Based Mental Health — Clinton, Ark.**

*nbrhorton@gmail.com*

Learn the collaborative approach used by the school-based mental health team while implementing the Mutt-i-grees Curriculum in the Van Buren County Schools. Effective strategies and schedules for collaborating with teachers, administrators and parents are described in detail for the most effective use of the Mutt-i-grees Curriculum. The topics addressed include team teaching, parent trainings and after-school programs.

## Connections Camp

**Sue Wagner, Coordinator**

**The LINK Family Resource and Youth Services Center — Louisville, Ky.**

*sue.wagner@jefferson.ky.schools.us*

Connections Camp is a one-day event for incoming sixth graders at Jefferson County Traditional Middle School. The day brings familiarity to nervous students. They participate in locker races, have a scavenger hunt and see a right/wrong fashion show. By the time they are finished, students know the building, know their locker combinations and have new friends. The first day of school is no longer a traumatic event!

## Families of the Month-A home visit to recognize families who support the education process

**Denise Dandridge-Brown, Coordinator**

**Sixth District Elementary Family Resource Center — Covington, Ky.**

*denise.brown@covington.ky.schools.us*

Many times, families are unable to attend school functions, but still are engaged in their child's education. An award was created to honor these families to recognize those who try to support their children in the education process. We recruit a prize patrol, load on a yellow school bus and go to each house delivering a gift basket (in a very loud manner). Six families are selected each month.

## Get in the Game- Fatherhood Initiative

**Kimberly Mitchell, Coordinator**  
**South Hancock Family Resource Center — Hawesville, Ky.**  
*kimberly.mitchell@hancock.ky.schools.us*

During Get in the Game, fathers, grandfathers and guardians bring their children to an evening of food and games. The children share how to play strategy games such as chess and sudoku and participants make their own tacos from a taco bar. The evening ends with a great game of Capture the Flag. This event is overwhelmingly popular.

## Guidance for a Great Future

**Melissa Mason-Thomas, Coordinator**  
**Lone Jack Family Resource Center — Fourmile, Ky.**  
*606-337-7895 ext. 227*

The Lone Jack FRC hosts four programs to support career development. Those programs include career class speakers, newsletter staff, photography club, college campus visit and collaboration with the Bell County Extension Agency.

## Hannah McClure Family Resource Center Back to School Picnic

**Michelle Mitchell, Coordinator**  
**Hannah McClure Family Resource Center — Winchester, Ky.**  
*michelle.mitchell@clark.ky.schools.us*

Held one evening before school starts, the Back to School Picnic gives parents an opportunity to meet their child's teacher, visit classrooms and sign up for PTO volunteer opportunities. The PTO and FRC collaborate to provide the food. The baseball, volleyball and softball teams assist with serving the food and performing activities with the children while parents meet with teachers.

## KinderCamp

**Eugenia Whitt, Coordinator**  
**Blackberry Family Resource Center — Ransom, Ky.**  
*eugenia.whitt@pike.ky.schools.us*

During KinderCamp, incoming kindergarten students and their parents spend a half-day with the teacher and teacher's assistant. This allows the parents and students to familiarize themselves with the schedule and also gives the children time with the teacher. The FRC provides breakfast and assists the parents with completing school forms

## Making Mutt-i-grees Matter

**Keri Crowe, Teacher, Ponderosa Elementary — Catlettsburg, Ky.**  
**Norma Meek, Senior Associate, The Zigler Center in Child Development and Social Policy, Yale University, New Haven, Conn.; Curriculum Events Coordinator, Director of Parent Involvement, Boyd County Public Schools — Boyd County, Ky.**  
**Stephanie Mullins, Teacher, Ponderosa Elementary — Catlettsburg, Ky.**  
*stephanie.mullins@boyd.ky.schools.us*

Featuring a brief overview of the Mutt-i-grees Curriculum, the program highlights, through pictures, examples of visual aids and other resources used in implementation.

## Moving on Up! Transitions: Bridging the Grades and the Gaps

**Carla Bottorff, Mike Flynn, Kathy Bradley, and Stacye Woolery, Coordinators**  
**Estill County High School Youth Services Center, Estill County Middle School Youth Services Center, Estill Springs Family Resource Center, West Irvine and South Irvine Family Resource Center — Irvine, Ky.**  
*carla.bottorff@estill.ky.schools.us*

The Estill County FRYSCs collaborate to assist kindergarten, fifth grade, and eighth grade students in the process of transitioning to a new school by hosting a variety of events and activities for students to experience the new facilities and staff. This enables students to become familiar and more comfortable with a new environment before they are expected to be in that situation as a successful student.

## On Target for Academics-Homework Help Program

**Theresa Ovesen, Coordinator**  
**For-You Family Resource and Youth Services Center — Vine Grove Ky.**  
*theresa.ovesen@hardin.ky.schools.us*

The Homework Help program provides assistance to fourth and fifth grade students who need tutoring in one or more classes. Participants receive 45 minutes of homework help and 45 minutes of archery time per session.

## Providing Student Educational and Enrichment Support

**Gerry Senters and Rita Wood, Coordinators**  
**GR Hampton Family Resource Center — Barbourville, Ky.**  
*gerry.senters@knox.ky.schools.us*

The GR Hampton Family Resource Center provides many support services for students and families in the community. The center acknowledges student success, issues a student-of-the-month award, celebrates birthdays, provides basic needs, supports character education and offers drug and alcohol awareness activities to help mold the students into more successful young adults.

## Readi-Fest

**Linda Cross and Amber Evans, Coordinators**  
**Southern CC Family Resource Center and Campbell Ridge Family Resource Center — Campbellsville, Ky.**  
*linda.cross@campbell.ky.schools.us*

Readi-Fest is designed to get students off to a good start for the new school year. Students receive school supplies, free haircuts, fingerprinting, food, information about family, club, transportation and day cares, meet their principals and much more.

## Teaching Kids to Care: Using the Buddy System with the Mutt-i-grees Curriculum

**Barbara Aragon, Lead Teacher, Mutt-i-grees**  
**Fenton Charter Public Schools — Lake View Terrace, Calif.**  
*baragon@fentoncharter.net*

Developed by Yale University, the Mutt-i-grees Curriculum enhances children's self-and social-awareness, relationship skills, and the ability to make ethical and effective decisions by teaching children skills to promote self- and social awareness, effectively communicate and manage emotions, and foster empathy towards family, friends and animals. The curriculum is part of American Mutt-i-grees Club, a web-based initiative that targets owners of America's more than 50 million mixed breed dogs.

## Warrior Academy Basic Training

**T.C. Johnson, Coordinator**  
**Winburn Youth Services Center — Lexington, Ky.**  
*t.c.johnson@fayette.ky.schools.us*

The Warrior Academy Basic Training Boot Camp course focuses on successful transitions from elementary to middle school. The program builds critical skills needed for middle school success. It stresses the importance of maintaining a healthy mix of fun and work, helping recruits practice skills critical to their emotional development, good health, ability to communicate effectively, peer relationships and classroom competency. Plus, there's something for the parents too! They are the commanding officers of their teen's life and we want to arm them with the tools needed for battle. We encourage parents to enlist in the Winburn Parental Officers Corps.

## Working Together: A Community Event

**Melinda Petot, Coordinator**  
**Elkhorn City Family Resource & Youth Services Center — Elkhorn, Ky.**  
*melinda.petot@pike.ky.schools.us*

Working with four-area FRYSCs, we provide a community-wide event with businesses, agencies and clubs in the area. We have inflatables for the kids, free food and giveaways for the parents — all funded through donations.

## 4-H Dollar and Sense

**Eryleen Hammons and Shirley Smith, Coordinators**  
**Jesse D. Lay Family Resource Center and Dewitt/Flat Lick Family Resource Center — Barbourville, Ky.**  
*eryleen.hammons@knox.ky.schools.us*

This program is a spinoff of the popular reality store program adapted to focus on fourth through sixth graders in the school. Students receive an amount of money based on their grade levels. Each student must visit 15 different booths during the program. These students learn proper budgeting, needs vs. desires, financial choices and what they have to show for their money.

## Families in Training

### All Pro Dad: Getting Dads Involved at Your School

**Rachel Jackson, Coordinator**

**North Laurel Middle Youth Services Center — London, Ky.**

*rachel.jackson@laurel.ky.schools.us*

The All Pro Dad program consists of a monthly breakfast held before school. During the meal, the father/child pairs have discussions, spend time together, create fun memories and leave equipped with resources to strengthen their relationship.

### Families in Training: A Community Approach to Parent Workshops

**Tammy H. Stephens, Coordinator**

**Williamsburg Independent School District Family Resource and Youth Services Center — Williamsburg, Ky.**

*tammy.stephens@wburg.ky.schools.us*

Various community partners in Whitley County collaborate to bring programs to the children and families served. Topics include: obesity/nutrition, oral health, substance abuse, child abuse prevention, depression/suicide prevention, ATV safety and cancer awareness. Taking a community approach yields very successful results.

### First Connections Early Literacy Program

**Leslie Hall and Charis Kahlden, Coordinators**

**Woodland Family Resource Center and Lakewood Family Resource Center — Radcliff, Ky.**

*leslie.hall@hardin.ky.schools.us*

Offered throughout Hardin County Schools, this parent/child program is for families with children 0-5 years old. First Connections combines age appropriate group meetings with the Parents as Teachers Home Visitation Program. Our belief is that a child's learning style and interests are formed during the first years of his or her life. Parents are the model for skills, such as language development, pre-school readiness, positive discipline and social interaction skills.

### Grayson County High Early Child Development Center

**Barbara Allen, Coordinator**

**Grayson Co. High/Lawler Elementary Family Resource & Youth Services Center — Grayson, Ky.**

*barbara.allen@grayson.ky.schools.us*

The Grayson County High Early Child Development Center is a collaborative partnership between the Grayson County Board of Education, Head Start/Early Head Start, Grayson County High and Lawler Elementary FRYSC. The program provides high school students the opportunity to complete their high school requirements and encourages the students to continue seeking higher education. The program is much more than a childcare facility; it is a child development program. Student expectation is high at the center.

### Magic Me

**Vivian Carter, Coordinator**

**Kimper Family Resource and Youth Services Center — Kimper, Ky.**

*vivian.carter@pike.ky.schools.us*

Magic Me is a monthly program offered to all new and expectant moms in the Kimper Community. A total of five programs are presented, each one enhancing parenting skills, providing educational support and highlighting available additional resources. There is no cost involved with Magic Me.

## Family Crisis and Mental Health Counseling

### Beacon Central YSC/Health Room Wellness Week 2011

**Richard Duke, Coordinator**

**Beacon Central Youth Services Center — Utica, Ky.**

*Rduke@dcps.org*

Collaborating with the Health Room, the Beacon Central's YSC promotes healthy habits that will be practiced by students after their graduation and helps them have happy, healthy and productive futures. Pictures of the programs offered are featured, including hydration day, veggies instead of cigs day, stress relief techniques day, fruit for your future and an annual blood drive.

## Family Literacy Services

### Family Reading Night

**Cathy York, Coordinator**

**Cawood Elementary Family Resource & Youth Services Center — Cawood, Ky.**

*cathy.york@harlan.ky.schools.us*

Designed to improve parent/child reading time, this program delivers a different activity each month to keep reading exciting. It also helps with the students' school-based Accelerated Reading (AR) program; students get AR points for reading the books and passing a related test. At the end of the school year the students trade their points in for prizes. A celebration is held on the last night, including door prizes for students and parents.

### FRYSC Corps: AmeriCorps Getting Things Done For FRYSC's

**Heather Musinski, Program Director**

**FRYSC AmeriCorps, Frankfort Ky.**

*heather.musinski@ky.gov*

The FRYSC Corps is an AmeriCorps program whose 30+ members serve in Kentucky. FRYSCs tutoring at-risk students in reading, supporting FRYSC core components and recruiting volunteers to enrich children's lives. Members commit to a year of service to their host FRYSC in return for a small living allowance and a scholarship to pursue their own educational goals. FRYSC Corps energy, skills and dedication increase the positive impact FRYSCs have in their communities!

### Make It Count! Family Math Day

**Robyn West, Coordinator**

**KIDS Company I Family Resource Center — Paducah, Ky.**

*robyn.west@paducah.ky.schools.us*

This program is very similar to a Family Reading Event, with math as the primary focus. KIDS Company I selects math-themed books, such as time, measurement, estimation and money. Parents get involved throughout the process by participating in reading the math-related books with their children. Before leaving, the child selects one of the math-themed books to take home. The book is paired with a take-home math learning tool, math pencils, erasers and bookmarks.

### Pulaski County Summer Feeding Program

**Jill Goff and Julena Edwards, Coordinators**

**Burnside Family Resource Center and Pulaski County Youth Services Center — Burnside, Ky.**

*jill.goff@pulaski.ky.schools.us*

The Pulaski County Board of Education remodeled a bus to make the inside bright and colorful, attracting children of all ages. The bus delivers and promotes summer reading materials and free lunches. The bus program begins in June and goes through the end of summer, visiting two designated stops twice a week.

### Reading as Families

**Paula Garrison and Debbie Cowan, Coordinators**

**The Family Place Family Resource Center — Columbia, Ky.**

*paula.garrison@adair.ky.schools.us or debbie.cowan@adair.ky.schools.us*

Family Read Nights encourage parents and youth ages 6-10, with the aid of a storyteller and discussion leader, to spend time together reading and discussing topics relative to today's children. The following books are read and discussed among families: "Stand Tall Mary Lou Melon" about self-esteem, "Those Shoes" about giving, and "Carlos and the Cornfield" about getting out what you put into something.

### Reading Is Fundamental (RIF) Book Giveaway/Reading Activity

**Melissa Hudson and Barbara Meriwether, Coordinators**

**Indian Hills Family Resource Center and Dorothy Kingston Family Resource Center — Hopkinsville, Ky.**

*melissa.hudson@christian.ky.schools.us & barbara.meriwether@christian.ky.schools.us*

This program issues three distributions of books to each child in the school a year. Educational activities are built around the distribution. The importance of reading is instilled in the students—more opportunities to read outside of school leads to improved reading skills. Parents are encouraged to read with their children.

## Full-Time Preschool Child Care

### Childcare — After-School Care, Out-of-School Care and Wrap-Around Head Start

**Rose-Linda Stafford, Coordinator**

**South Ashland Family Resource Center — Ashland, Ky.**

*rose.stafford@ashland.ky.schools.us*

The South Ashland FRC houses the Ashland Independent Child Care Center, a full-time program that is in session year round. The center serves children ages 3-12, including an after-school program and wrap-around program for the Ashland Head Start pre-school program. The Child Care Center is open all summer and on all school breaks from 7:30 a.m.-5:30 p.m. each day. The program is a for-fee program and accepts childcare subsidy payments.

### Full-time Preschool Childcare for Children Two/ Three Years Of Age

**Betty Pennington, Coordinator**

**Collins Elementary Family Resource Center — Florence, Ky.**

*betty.pennington@boone.ky.schools.us*

The Back To School Fair supplies parents with information from agencies and businesses that provide childcare services. During home visits, parents with children 2-3 years of age are asked if they are interested in having their children attend preschool. Finally, Comprehensive Community Child Care comes to school to present childcare training programs for parents who are interested in providing at home childcare services.

## Health Services or Referrals to Health Services

### Cincinnati's Girls on the Run

**Sara Edwards, Coordinator**

**Grant County Family Resource and Youth Services Centers and Grant County Parks and Recreation — Williamstown, Ky.**

*sara.edwards@grant.ky.schools.us*

Partnering with the Grant County Parks and Recreation, the Grant County FRYSCs hosts Cincinnati's Girls on the Run Program throughout every school in the county. This program promotes a healthy life-change and character development for a select group of third through eighth graders. Girls on the Run is a nationally recognized program using exercise, positive reinforcement and encouraging role models to provide girls with confidence they need in critical pre-teen years.

### Girls Empowered and Motivated to Succeed (GEMS) Running Club

**Ebonee Brown, Coordinator**

**Picadome Family Resource Center — Lexington, Ky.**

*ebonee.brown@fayette.ky.schools.us*

The GEMS Running Club is a group for girls in grades three through five whose mission is to enhance the mental and physical well-being of participants. The ultimate goal is to run two 5K races within the 12-week period. The group meets two days a week for team building activities and training.

### Very Important Girls Day/No Girls Allowed Day

**Amy Cress, Coordinator**

**Oak Hill Elementary Family Resource Center — Somerset, Ky.**

*amy.cress@pulaski.ky.schools.us*

This is a special day for the fifth grade students full of activities aimed at reducing incidents of relational aggression by encouraging good communication skills between peers. Students are taught positive, proactive ways of handling relational aggression. The girls day is called Very Important Girls and the boys day is called No Girls Allowed.

### We're going on Safari...Safety Safari!

**Pat Garcia and Andrea Pike-Goff, Coordinators**

**KERALot I Family Resource Center and KERALot II Family Resource Center — Brandenburg, Ky.**

*pikegoff@meade.ky.schools.us*

Safety Safari is a collaboration of the Meade County FRYSCs, the Meade County Health Department, the Meade County Public Library, ARCH Chemicals and the Meade County Sheriff's Department. Each year, every third grade student in the county receives safety information about poisons, guns, internet, bicycles and Halloween as well as a bike helmet fitted by the FRC.

## Referrals to Health and Social Services

### BABES Club at Paducah Tilghman High School

**Cintia Sutton, Coordinator**

**Tornado Alley Youth Services Center — Paducah, Ky.**

*cintia.sutton@paducah.ky.schools.us*

The BABES Club meets weekly and addresses various issues and interests. Topics include self-esteem, entrepreneurship, setting and meeting goals, volunteerism and citizenship, food science, and fashion and design. Outings and special programs are scheduled monthly. BABES Club receives support from Girl Scouts of Kentucky and a grant from the Paducah/McCracken County United Way.

### Ladies Like Us Sleepover

**Jeni Jenkins, Coordinator**

**HEARTS Youth Services Center — Greenville, Ky.**

Greenville

*jeni.jenkins@muhlenberg.ky.schools.us*

During the sleepover, incoming sixth grade girls spend the night at the middle school and engage in planned activities. Educational speakers present on various topics such as bullying, self-esteem and relationships. Participants make crafts, play games and receive a goody bag with girlie gifts, as well as educational booklets and pamphlets. They arrive at 5:30 p.m. and leave the next morning.

## Substance Abuse Education and Counseling

### CAMP KIDS (Kids Ignoring Destructive Situations)

**Donna Lucas and Becky Walker, Coordinators**

**Prichard Family Resource Center and East Carter Youth Services Center — Grayson, Ky.**

*donna.lucas@carter.ky.schools.us*

CAMP KIDS is a summer enrichment program that targets incoming fifth through eighth grade students from Prichard, Star and Heritage Elementaries, as well as East Carter Middle School. Activities include cave tours, safety lessons, drug awareness activities, games and swimming.

### 8<sup>th</sup> Grade 5<sup>th</sup> Quarter

**Kristi Higdon and Donna Bumpus, Coordinators**

**Providence/Slaughters Family Resource and Youth Services Center and YES Youth Services Center — Providence, Ky.**

*kristi.higdon@webster.ky.schools.us or donna.bumpus@webster.ky.schools.us*

All Webster County eighth graders are invited to spend the “5<sup>th</sup> Quarter” with current high school students playing games, enjoying refreshments, taking tours of the high school and socializing with their fellow upcoming freshman. The evening emphasizes their ability to socialize and have good, clean fun without alcohol or drugs. It also allows the upcoming freshman to get to know other high school students prior to their enrollment.

### 8<sup>th</sup> Grade Mini Teen Leadership Conference (TLC)

**Melissa Wolfe, Coordinator**

**Connections FRYSC — Dixon, Ky.**

*melissa.wolfe@webster.ky.schools.us*

Mini TLC educates students about the dangers of alcohol, tobacco and drugs. Students also receive information on leadership skills and abstinence. The event begins with anti-drug skits performed by the YES Youth Council. A keynote speaker addresses the whole group followed by rotation of breakout sessions, presented by professional speakers.

### Grim Reaper

**Phoebe Dotson, Coordinator**

**Belfry Youth Services Center — Belfry, KY.**

*phoebe.dotson@pike.ky.schools.us*

The Grim Reaper program reviews the issues of underage drinking and impaired driving, by using a comprehensive education and prevention plan approach. Every 50 minutes of every day, a life is lost as a result of an impaired driving crash. By bringing the impaired driving victims to *life*, other students are able to tangibly see how many lives are lost every day.

## Summer and Part-Time Job Development for High School Students

### Summer Job Program

**LeKiesha Davis, Coordinator**

**Shawnee Youth Services Center — Louisville, Ky.**

*lekiesha.davis@jefferson.ky.schools.us*

The summer job program hires students for two weeks after school has ended. They must complete a Jefferson County Public Schools job application and interview for the position. The Center hires 10 to 15 students, who are paid hourly. During their work time, they learn employability skills and job readiness by answering phones, entering data, filing, cleaning and completing other tasks as assigned.

### Supporting Students and Families in Developing Educational Goals and Career Opportunities

**Ellen Smith, Coordinator**

**Valley Youth Services Center — Louisville, Ky.**

*ellen.smith@jefferson.ky.schools.us*

Valley YSC collaborates with the Valley Traditional High School community to help develop and implement career exploration. Programs include Valley's Medical Magnet Program, the school-wide Advisor-Advisee Mentor Program, Career/College Fair, "Close the Deal" program and the Career/Employment lab in YSC.

## 2011 Victory Over Violence Keynote Speakers

### **Guy Doud: *Molders of Dreams***

Guy Doud, a Minnesota native, graduated summa cum laude from Concordia College in 1975. Upon graduation, Doud accepted a teaching position as an language arts teacher with the Brainerd School District in Brainerd, Minnesota.

In 1986, while still a high school language arts teacher, Doud was chosen from more than 2.5 million teachers to receive the highest national award that the education profession offers, Teacher of the Year (TOY). Subsequently, he was honored in a ceremony at the White House by then President Ronald Reagan.

This prestigious accolade promptly thrust Doud into the national spotlight. As a result, he has addressed hundreds of groups since being chosen America's TOY. In 1989, he was a main platform speaker for the Million Dollar Roundtable and was rated as one of the top speakers of all time. In addition, he has addressed the national conventions of the Rural Electric Association, the National School Boards Association and the National Association of Secondary School Principals — to name but a few.

Doud's message deals with those things that are basic about life: love, family, relationships, success and dreaming dreams. His message has universal appeal to all audiences because he speaks about things of the heart. Doud has published five, award-winning books, including the best seller, "*Molder of Dreams*," along with the videos "*Teacher of the Year*" and "*Classroom of the Heart*."

In 1992, he received an honorary Doctor of Humane Letters from Judson College. Doud currently resides in Baxter, Minn.



### **Jim Hinson: *Victory Over Violence: One Neighborhood at a Time***

Jim Hinson began his career in education 28 years ago. He has served as superintendent for 15 years, 9 of those in the Independence, Missouri School District. Hinson gained national recognition for innovative approaches to early education, his fearless support of the whole child and for unique collaborations with city, county, faith-based and private organizations.

Since becoming Superintendent of the Independence School District in 2002, he has expanded early education and before- and after-school programs throughout the district and forged a partnership with Yale University to fight childhood obesity. He directed a novel approach with the state that cut the district's rate of child abuse in half. In 2008, Hinson led the largest school annexation in Missouri history, transferring nearly 3,000 students from a struggling neighboring district to the Independence School District.



Hinson serves as Chairman of the Board of the University of Missouri's Hook Center for Educational Leadership, the Missouri Partnership for Education Renewal and is the immediate past president of the Cooperating School Districts of Greater Kansas City. In 2010, the University Council for Educational Administration awarded Hinson the National Educational Leadership Award.

### **Patrick Henry Hughes: *What's Holding You Back? What's Keeping You From Reaching Your Full Potential?***

Patrick Henry Hughes is a remarkable young man who was born without eyes and without the ability to fully straighten his arms and legs, making him unable to walk. Additionally, two steel rods were surgically attached to Hughes's spine to correct scoliosis.

Despite circumstances that may seem overwhelming, Hughes overcame these physical issues to excel as a musician and a student. He started playing the piano at the age of only nine months, and also plays the trumpet and sings. While a student at the University of Louisville, he even participated in the Cardinal Marching Band with help from his father, Patrick John Hughes, who tirelessly maneuvered his wheel chair through the formations with the other 220+ band members. He was a straight 'A' student, receiving only 3 'B's' during his entire primary/secondary educational experience. Hughes graduated from U of L magna cum laude with a degree in Spanish Language and speaks it fluently.



A virtuoso pianist, vocalist and trumpet player, Hughes has won or finished very high in numerous competitions, as well as winning awards acknowledging the circumstances he has overcome to achieve these heights. He has been featured on ESPN, ABC-TV, Oprah, CBS-TV, The Ellen Degeneres Show, Extreme Make Over Home Edition, FOX-TV, CSTV, NBC-TV, The Today Show, Million Dollar Round Table, The Grand Ole Opry, People Magazine, Sports Illustrated, Star Magazine and many, many others.

Hughes has made appearances from California to New York, Chicago to Texas and Miami, and countless points in between, even performing in Asia, Canada, South America and Europe. His first book, "*I AM POTENTIAL*," is available around the country and world in different languages. In addition, he has recorded two CD's.

## [North Shore Animal League America](#)

North Shore Animal League America, headquartered in Port Washington, N.Y., is the world's largest no-kill animal rescue and adoption organization. The Animal League reaches across the country to rescue, nurture and adopt an average of 20,000 pets into happy and loving homes every year.

Since 1944 North Shore Animal League America has saved and re-homed almost 1 million lives, understanding that a rescue is not complete until each animal is placed into a loving home. Over the years, the Animal League developed several innovative programs, including the Mutt-i-grees initiative, to provide education to reduce animal cruelty and advance standards in animal welfare.

The Animal League is home to the Alex Lewyt Veterinary Medical Center, which provides 24-hour care for pets and annually takes care of tens of thousands of outpatient visits. The Animal League's National Cooperative Pet Rescue team and its mobile adoption program help local shelters around the country.

For more information on North Shore Animal League America visit [AnimalLeague.org](http://AnimalLeague.org).

### **\*The Mutt-i-grees Curriculum:**

The Mutt-i-grees Curriculum, a social and emotional learning program for children in pre-Kindergarten (PreK) through Grade 12, focuses on teaching empathy and related social and emotional skills. Developed in collaboration with the Pet Savers Foundation, which is the program development arm of the North Shore Animal League America, Yale 21C, Dog Whisperer Cesar Millan and the Millan Foundation, the Curriculum aims to enhance children's self- and social-awareness, relationship skills and ability to make ethical decisions that benefit people, animals and the environment.



The Curriculum, currently available for PreK through Grade 3 and Grades 4 through 6, is a huge success because it builds on children's interest in animals and the research on the benefits of human-animal interactions. Its flexible use and the fact that it promotes academic achievement makes it popular with educators, who report its use in several different settings, including mainstream and special education classrooms, childcare and after-school programs.

The Curriculum is part of a national initiative that highlights the unique attributes and desirability of the Mutt-i-gree, a mixed-breed dog awaiting adoption at a shelter. The Mutt-i-grees Curriculum Kit is available upon request. While supplies last, each school may receive one complementary Kit and order additional ones at minimal cost. The Kits include the Mutt-i-grees PreK through Grade 3 or Grades 4 through 6 Curriculum Binder, the Mutt-i-gree Puppet for PreK through Grade 3, posters, a bag and informational materials. To request the Mutt-i-grees Curriculum Kit, please contact us at: [www.education.muttigrees.org](http://www.education.muttigrees.org) or [yale21c@yale.edu](mailto:yale21c@yale.edu).

## Exhibitors

**Bluegrass Challenge Academy** is a program for at-risk youth 16-18 years old and is cost free. It focuses on educational achievement using the General Educational Development test and our Credit Recovery Program.

**The Brook Hospitals** are psychiatric and substance abuse facilities that provide inpatient and outpatient treatment for all ages.

**Bullies to Buddies, Inc.** creates products and services applying the Golden Rule to solve bullying and relationship problems and promotes harmony in the home, school and organizations.

**Bumblebee Fundraising** offers a full line of product fundraisers including Yankee Candles, Otis Spunkmeyer cookies, Little Caesars pizza kits, Pie Peddler Pies and many others.

**C & D Silk-screening and Embroidery** provides educational sportswear designed for educators and other adults who work with children.

**Commonwealth Credit Union** is the full financial service institution for all Kentucky retirement systems participants and their families. Check out the great rates and services at [www.ccuky.org](http://www.ccuky.org).

**D's Purses & Accessories** sells fashionable purses, jewelry, and hats at conventions and private shows. Fundraising opportunities are available.

**HANDS of Kentucky** (Health Access Nurturing Development Services) is a statewide, voluntary home visiting program for new and expectant parents.

**JobCorps** is a free vocational and educational residential program for young men and women age 16-24 that helps students earn money while receiving training.

**Just Jewelry** offers a wide variety of affordably priced fashion jewelry and accessories for both men and women that are great fundraisers, priced at \$12-38. For more information, visit [www.itsjustjewelry.com/donasmith](http://www.itsjustjewelry.com/donasmith).

**Kentucky Children's Health Insurance Program (KCHIP)** is an insurance program for children younger than 19 years old who do not have health insurance. Families must meet certain income guidelines to qualify. KCHIP covers doctor visits, inpatient and outpatient hospitalization, dental and vision services.

**Kentucky Council on Problem Gambling (KYCPG)** provides awareness material and training presentations on problem/pathological gambling, including *Choices*, a one-hour cross-addiction awareness curriculum distributed in Kentucky at no charge.

**Kentucky Higher Education Assistance Authority**, a state government agency, makes higher education more accessible to Kentuckians by providing informational materials and resources about affordable financing.

**Kentucky Injury Prevention Center** partners with the US Consumer Product Safety Commission to provide consumer safety information. Visit our website, [www.cpsc.gov](http://www.cpsc.gov), to download 8 1/2X11 color posters concerning seasonal safety messages, as well as recall and product safety issues. All information on the site may be printed and distributed without permission.

**The Kentucky PTA**, chartered in 1918 as a state affiliate of the National PTA, is a non-profit, tax exempt, 501(c)(3) charitable association registered with the Internal Revenue Service as an education organization. The vision of PTA is making every child's potential a reality. The mission of PTA is a powerful voice for all children, a relevant resource for families and communities, and a strong advocate for the education and well-being of every child.

**Kids First Dental Care** is a mobile dental program that offers comprehensive dental care in a low stress, fun, non-threatening and educational environment. It also provides cleanings, fluorides, sealants, exams, x-rays, and treatments to students through twelfth grade.

**Learning Props** creates English and bilingual educational games and books, door-hangers, calendars, letters and number dots and resources supporting early learning, school-readiness, parent engagement and communication, bilingual needs and staff development.

**Mary's Magnetic Magic** offers healthy jewelry, magnets, Power Balance and a display of Mary Kay Cosmetics.

**North Shore Animal League America** partners with Yale to offer the Mutt-i-grees Curriculum that links social and emotional learning with humane education based on children's natural affinity for animals. The program teaches empathy, compassion, cooperation and responsible decision making.

**Operation: PARENT**, a non-profit organization, educates, equips, encourages, and engages parents of teens by providing information, resources and networking opportunities.

**Prosperity Promotions** provides quality products such as T-shirts and other wearables that display names or logos using screen printing or embroidery.

**Remix Education** facilitates learning and creates positive behaviors by partnering with schools to motivate, inspire and teach kids by using crazy, interactive games and funny mascot skits during high-energy school assemblies.

**Rising Star Education** is home to the Emmy Award Winning Auto-B-Good DVD Series, now used in more than 6,000 schools nationwide. Free DVDs are available.

**Rivendell Behavioral Health Services**, a 125-bed joint commission accredited psychiatric hospital, serves children and adolescents in Kentucky. with specialty programs for dual diagnosis and male sex offenders.

**Shriners Hospital for Children** is a health care system of 22 hospitals dedicated to improving the lives of children by providing expert orthopedic, burn and spinal cord injury care.

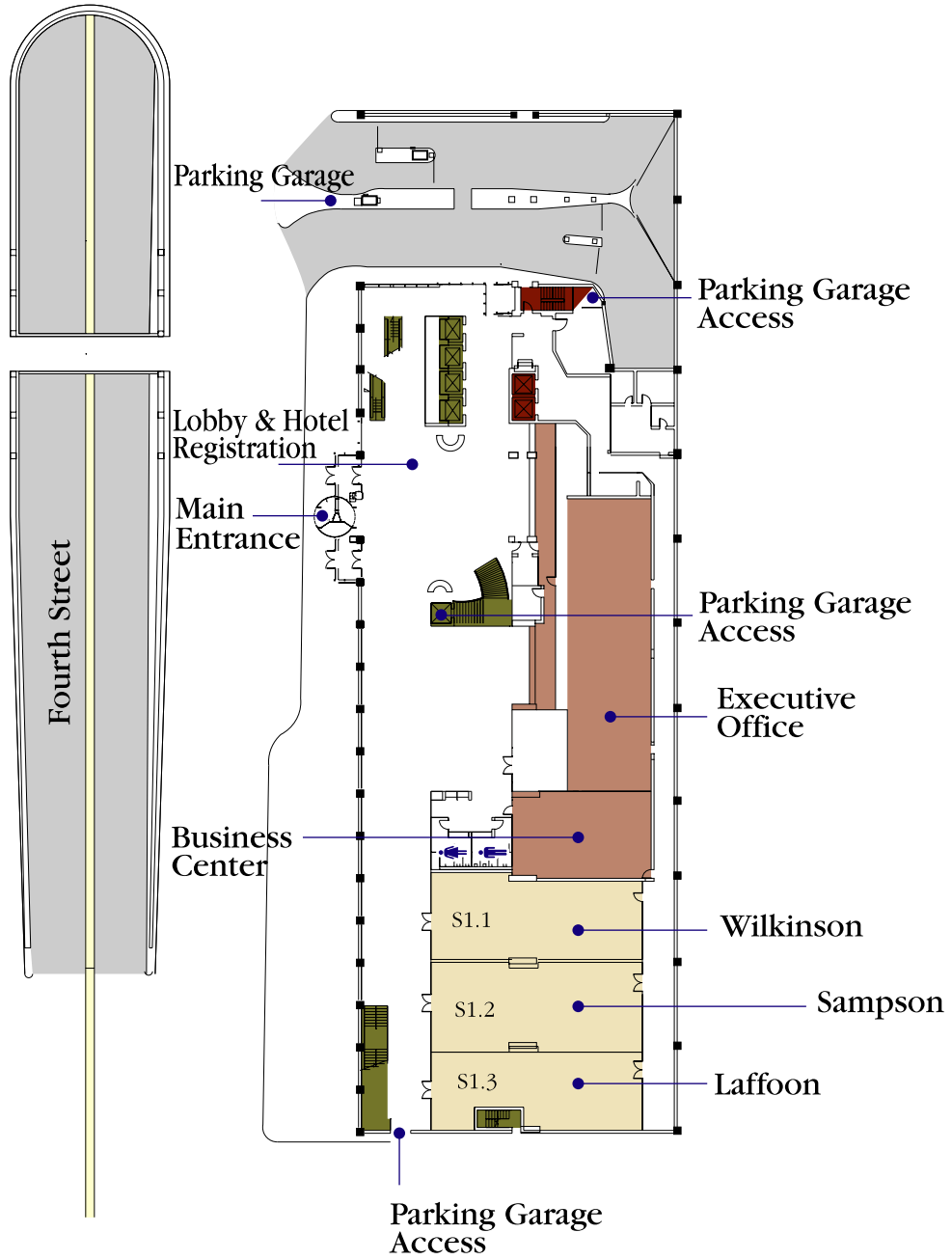
**Silver Treasures** sells Sterling Silver Jewelry and offers engraving on the spot.

**The Silver Lady II** offers 925 sterling silver jewelry and fresh water pearls sold at wholesale prices at conferences and conventions.

**Woodward-Ross Jewelry and Handbags** presents sterling silver with unique stones made by American and Balinese artists, as well as fashion jewelry, watches, handbags and travel pieces.

# Conference Map

## Suite Tower, 1<sup>st</sup> Floor, Lobby Level



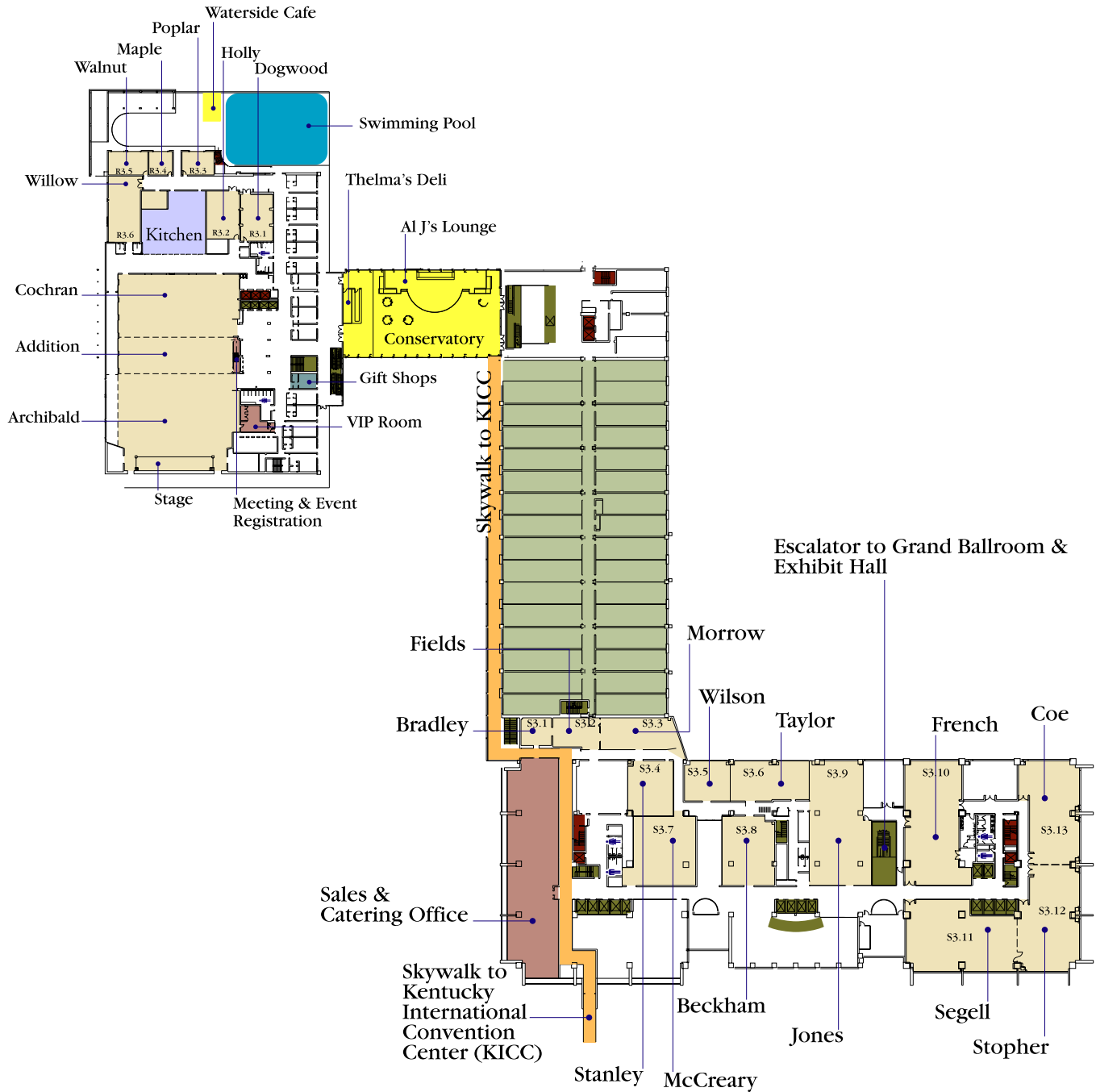
# Conference Map

## Suite Tower 2<sup>nd</sup> Floor



# Conference Map

## Rivue Tower, 3<sup>rd</sup> Floor



## 2011 Victory Over Violence Conference: Making A Difference Together

All participants must complete the following information and submit this form in order to receive your certificate showing completion of this conference.

**Please print clearly. All of the following information is required.**

<b>Name</b>	<b>Title</b>	
<b>Center Name</b>		
<b>Address</b>		
<b>City</b>	<b>State</b>	<b>Zip</b>
<b>Phone</b>	<b>Email</b>	

In order to receive your certificate of completion, ***you must have five labels*** from the following sessions. Please place label in section below.

<b>Day and Time of Workshops</b>	<b>Presenter Label (Required)</b>
<b>Wednesday, 3:00 - 4:15 Concurrent Workshops</b>	
<b>Thursday, 8:15 - 9:30 Panel Presentation</b>	
<b>Thursday, 9:45 - 11:00 Concurrent Workshops</b>	
<b>Thursday, 11:15 - 12:30 Concurrent Workshops</b>	
<b>Thursday, 2:00 - 3:15 Concurrent Workshops</b>	
<b>Thursday, 3:30 - 4:45 Concurrent Workshops</b>	
<b>Friday, 8:15 - 9:30 Concurrent Workshops</b>	
<b>Friday, 9:45 - 11:00 Concurrent Workshops</b>	
<b>Friday, 8:15 - 10:15 Best Practices Showcase</b>	

Please drop off this form completed to the registration desk or mail to the address below:

Division of FRYSC  
Attn: Kasey Standridge  
275 East Main Street 3C-G  
Frankfort KY 40621

*NOTES*